



Working bee

*My light is pressed by darkness round;
It is not easy to stay upright, strong and
sound!
The Dragon, lurking, would devour
My shining radiance with his power.
But I, remembering how on winter's Holy
Night,
In darkness shone the Midnight Sun that is
the world's true Light,
Need have no fear of dragons wild
For I am led by the Holy Child.*

Michael Hedley Burton

NEWSLETTER

DIARY OF DATES

Every Wednesday	2:30 pm Fair meeting – staff room
Wednesday 14 th Aug	5:30 pm Proprietors meeting
Wednesday 14 th Aug	7 pm Proprietors Annual General Meeting
Wednesday 21 st Aug	6:30 pm BoT meeting
Monday 26 th Aug	5:30 to 7 pm Kindergarten parents' meeting
Monday 2 nd Sep	2 pm Kindy Introductory Talk for prospective families
Sunday 3 rd November	FAIR day

PLAYGROUP TIMES (353 PINE HILL ROAD)

Mondays 10 to 12 pm	Mixed age children
Wednesdays 10 to 12 pm	Mixed age children

The sun rose across the harbour this morning shedding its rosy hue across the mirror of water, there to view from our wonderful setting.

An air of calm after a fairly dramatic start to the week.

I'm working on my lyrical expression as we are starting to think about the Steiner school movement's celebration of one hundred years since the 19th September 1919 when the first school was opened in Germany. We may do something of a poetry theme as one way to celebrate.

There is a plan for an international event running a marathon and Dunedin, which is the southernmost Steiner school in the world, will consider how to take part.

It was such a reward to all who were able to come to school on time on Monday morning; huge black clouds let fall a wonderful swirling snowstorm, lasting too briefly but a joyous experience for us all.

At last the wind has dropped and although it was great to have the wintry blast, it is nice to be calm again with an easier atmosphere in which to work.



Monday morning was also a time to see all the outcome of Saturday's workday. Thank you to everyone who turned up for what was a great collective of engaged helpers transforming and fixing things that needed to be fixed, trimming and draining and path building and freeing up the foliage by cutting out deadwood and hauling down lots of muehlenbeckia which is choking the native forest alarmingly effectively. Many of the remaining stumps from a macrocarpa sawn down years ago, fell beneath the axe and now we have

masses of firewood to last us through the winter.



It was a great day of many achievements and one can feel the effects. So Thank you again. I think we all enjoyed ourselves



And to the owner of the black wheelbarrow with brakes: your amazing wheelbarrow is in the garden shed safely locked away so please come into the office and we

can give it back. Thank you for leaving it with us to finish the job.

I never knew they made wheelbarrows with brakes, It's such an obvious improvement on our sort of terrain.

Pene Johnstone

Our Capital Campaign



The warmth and generosity that surrounds our school is heartening. Over the last few weeks we have been making more connections with families who have passed through the school, and who have joined the circle of people who are making regular contributions to our building project. It is great to feel that embrace from the

wider community, from those who were with us in the more pioneering years.

We are asking our supporters if anyone is willing to help us to continue this outreach work - if you are willing to be involved then let me know.

In terms of what is happening with the building, the foundations should be finished this week, with a concrete pour due on Saturday. We then look forward to walls going up.

Thank you to everyone for your support,

Clare, Jess, Silke, Leonie, Gabriela and John, The capital campaign team

Proprietors Annual General Meeting 2019

We would like to invite you to the AGM 2019, everybody welcome to come and hear the report about the progress in the last year, ask questions, make suggestions to improve the running of the school.

Rudolf Steiner School Trust Otago aka Proprietors Trust DRSS

Wednesday 14th of August 2019, 7pm, DRSS 1 Fern Rd, Maia

Agenda

1. Minutes of last AGM
2. Financial statements and appointment of auditor
3. Annual report 2018/2019
4. New Members
5. Plan for 2019/2020
6. Miscellaneous

See you there!

Gabriela Stuedemann- Proprietors Chair

Cellos

Thank you to everyone who made the last cello concert such a nice occasion and thanks to those who paid - this contributes to our much needed music fund for repairs and replacements. Please would those families who did not pay make their \$10 a family contribution to the office or to our bank. Rudolf Steiner School Trust Otago 03-1926-0004961-02

Our cellos are very precious and we would like to remind families to care for the instrument. If something does go wrong with it then please let Jocelyn know in advance (tel 453 0317) and take the cello to her in Mornington. She cannot spend precious lesson time fixing problems with instruments.

Tuesday is cello day - make sure your child brings their instrument, including their bow!

SCHOOL NEWS - Class Piwakawaka

Kia ora koutou,

It's news time again from the Piwakawaka class and we're going to tell you all about our first camp to Kamau Taurua Island/Quarantine Island.

We set off from the Back Beach Jetty at Port Chalmers at 9.00 am. We were all very excited and full of anticipation!

The journey over on the boat was great, the weather was perfect. We had to make the crossing in two groups.

When we arrived onto Kamau Taurua island we were greeted by Dries the island caretaker. He went over island safety rules with us. Then it was off to get settled into the lodge and have morning tea.



After a good hearty morning tea we set off to do some activities in groups with



Dries and also Claire (from the university) and Queenie, a local kaitiaki. We split into three groups and took part in pest tracking with Dries, Te Ao Maori historically from a Kamau Taurua Island perspective (Imagine living around the harbour and being woken by the noise of whales because there were so many of them!) and settler history with Claire.



After a lot of walking, talking, listening and learning it was time to re-fuel, so we all went back to the lodge for another hearty meal. Groups were set up to help with preparation and cleaning duties which were happily carried out!





After lunch we went for a wonderful walk along the beaches with Dries, Claire and Queenie who guided us through identifying what we found on the beach along with myriad questions. We found some fascinating things...



By the time we finished at the beach it was time for afternoon tea and playtime!



That evening after dinner the children had a game of spotlight which was very exciting! Before bedtime we all went to the lounge which had the fire going and had quiet games. There was a good round of charades taking place too...



Next morning after breakfast we went back looking for the tracking cards we had laid down the day before. We discovered lots of mouse prints and some rat prints. After that it was morning tea and playtime. Then we met up with Dries in the Married Quarters for a local history talk. We looked at historical photographs, learned about the Waikana ferry, discovered how big each room was in the married quarters (Tiny!) and the conditions people lived in there, and one of us dressed up in the clothing of the time.



Later on, after lunch, we visited the cave and then went out to do some releasing of some trees and bushes that had self-seeded with Dries. We used some shears to get the grass nice and low around the plants. Dries asked us to help collect some firewood from a recently chopped down tree, and we brought up as much as we could carry and push in wheelbarrows! The piwakawaka are hard workers.



Of course, all good things must come to an end and so it was time to leave and catch the ferry back to Back Beach and waiting parents.

The camp was enjoyed by all the children and everyone came away having learnt lots of things and having

had lots of fun. The children were very well behaved and I had very positive comments about their interactions from Dries, Queenie, Claire and Rachel whose

ferry we crossed on. The worst that happened was that someone needed a plaster! Thank you to the parents who accompanied us; Emilio, Brendan, Chris, Suzanne and Zahra, you were great!

We hope you enjoy reading about our camp. Here's to the next one!

Nga mihi nui, Jane and the Piwakawaka

KINDERGARTEN NEWS

Dear Whanau,

Well, King Winter has certainly let us know that he wants his presence felt, if even for a brief spell! Along with the colder weather, we have a number of illnesses about. Sometimes it is hard to know if sending your child to Kindergarten is the right thing to do, especially if you are unsure of the validity of the complaint. An illness that manifests through vomiting or diarrhea is clear: your child needs to be kept home for 48 hours after they last vomited, and for 24 hours following a bout of diarrhea. The following excerpt from <https://kidspot.co.nz/school-age/child-too-sick-for-school/> may be helpful in other areas if you feel unsure.

If your child is displaying one of the following symptoms you are best to keep them home.

Fever: This is one symptom that automatically rules out school, no questions. Your sick child should be fever-free without medication for at least 24 hours before you send him/her back to school. Keep your child home, making sure they drink plenty of fluids and can recover from whatever they are battling.

Diarrhoea: This could be a sign of a viral infection, so it's best to keep your child at home. Diarrhoea can cause dehydration so keep offering clear fluids but avoid drinks containing sugar, including fruit juices (dilute apple juice is ok).

Vomiting: Aside from the fact that your child won't be comfortable, s/he could vomit again. Keep them home until they have gone 48 hours without vomiting as they may remain contagious until 48 hours after the last bout of sickness.

Cough: It depends on how severe the cough is. Coughs can spread infection to other students. A serious cough can also keep a child from getting a good night's rest, which means it will be too tired for school in the morning. As a general rule, if your child has a serious wet cough, particularly if it's accompanied by breathing troubles, seek medical advice. But if it's just a mild, occasional cough and it has no other symptoms, he/she can probably go to school.

Rashes: Skin rashes could be a sign of a contagious infection, such as impetigo (school sores). You should have a rash that is itchy and sore, especially one that is

getting worse, evaluated by a doctor before sending your child to school. If it is impetigo, your child will need antibiotics and should stay home for another 24 hours or until the sores have dried up.

Conjunctivitis: Conjunctivitis is when the eyelids and eyes are red and swollen. If it becomes infected, and feels gritty and has a discharge, it is highly contagious and can easily spread from one child to another, as many parents of primary-school age children already know all too well. Keep your child home until the doctor says it is no longer contagious.

Stomach ache: This one can be tough to call. If he/she doesn't have diarrhoea and isn't constipated, tummy trouble could be caused by any number of things from anxiety to food poisoning. Check how much fibre they are having as even if they are not constipated, insufficient fibre can cause tummy pains. If the stomach pains are minor enough to allow your child to continue walking and behaving normally – and there are no other symptoms – this is one of those times you should probably send them to school. Look for an opportunity to see if there is something on their mind.

Ear infection: As with coughs, you should evaluate all the symptoms before making the call. If the pain is mild they will likely be fine; but if they are clearly uncomfortable a day at home is best. And if there are any other accompanying symptoms such as a fever, it's definitely a sick day.

Runny nose: If you kept your child home every time they had the sniffles, they would miss a lot of school. Use your judgement. If they have a runny nose but seem otherwise fine, then it's probably okay for them to go to school (with a box of tissues).

Trust your instincts. If your child seems lethargic and just not themselves (if they're not interested in playing, that is often a big clue), keep them home and monitor them for any signs of illness.

Please do ensure that you send your child with warm, robust outdoor gear. We go outside daily, usually regardless of the weather, and the children must be well insulated against the cold so they may enjoy the outside time and not be miserable due to a lack of adequate clothing. Woollen hats and jerseys (not acrylic), overpants, warm jackets (waterproof), and boots are vital for your child to have an enjoyable day at kindergarten.

A huge thank you to Mark Jackson for making wonderful stilts for the children to use out in the playground. We look forward to test driving these as soon as weather permits!

Aleisha will be away on placement for five weeks, starting next week, so there will be a reliever with Sandra in the Kowhai room during her absence.

The Kindergarten staff have started looking at 'Transitions to, in and from Kindergarten' as an area of review. You are welcome to contribute any feedback from your own experiences. We will have more specific questions/opportunities for comments over the next few weeks.

Nga mihi, *The Kindergarten teachers.*

PLAYGROUP

All our playgroup sessions are now at Pinehill for mixed age groups on a Monday and Wednesday 10 - 12. For any further information about any of our playgroups please feel free to get in touch. *Bex and Alida* dunedinsteinerplaygroup@gmail.com

CRAFT GROUP

We now have regular craft group sessions weekly on Thursdays, 12.30 - 2.30pm at Sharyn's place 6 Robin Lane, St. Leonards. Come along, learn something new, help with fair preparation and join in the fun.

Craft group funds are used to support school projects, please make payments to Rudolf Steiner School Trust Otago 03-1726-0004961-05

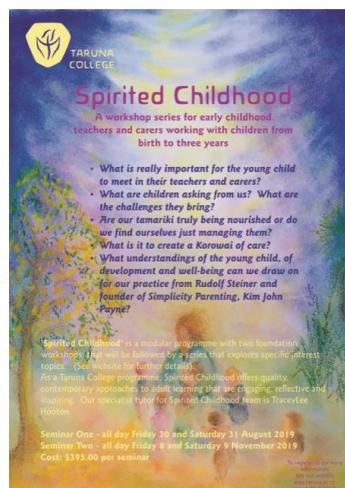
COMMUNITY NOTICES

Community notices in our newsletter will normally appear for one week only and may be edited to accommodate space. If you wish to place a notice please email your notice to office@dunedinsteiner.nz. We charge \$10 for an advert and need ads in by the Monday prior to the Wednesday publication date. You can pay by direct internet banking to 03-0903-0437318-00

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Dunedin, Glenroy, 7pm Saturday August 10 tickets movementofthehuman.com

Meremere is a powerful, engaging autobiographical work from an exceptional artist, **Rodney Bell** | Ngāti Maniapoto.

'This autobiographical, multi-disciplinary and life-affirming survival story drew the cheering opening night audience to its feet.' **Dominion Post, June 23, 2018** *'Meremere is a complex work of art where design, AV and lighting play as significant a role as story-telling, music and dance.'* **NZ Herald, October 2016**



Professional Development for Early Childhood Teachers and Carers.

Taruna College is offering you learning opportunities that will refresh and deepen your understanding of the child, aged birth to three years. **Spirited Childhood**, creating a Korowai of care will allow you to re-imagine and re-enliven your practice as a professional, bringing new eyes to what is important and addressing real and contemporary issues that surround the young child, which they bring into our centres. There are two foundation workshops which integrate insights from Simplicity Parenting and draw on practices from Rudolf Steiner. This will be followed by a series of workshops that explore specific interest topics. • Seminar One - Friday 30 and Saturday 31 August 2019 • Seminar Two - Friday 8 and Saturday 9 November 2019. Cost: \$395 each Seminar. Registration can be completed online <http://www.taruna.ac.nz/courses-and-workshops/spirited-childhood/> email info@taruna.ac.nz or call 06 8777174