



To truly know the world,  
look deeply within your own  
being;  
to truly know yourself, take real  
interest in the world.  
Live through deeds of love, and  
let others live understanding  
their unique intentions: this is  
the fundamental principle of  
free human beings.

*Rudolf Steiner*

The whole school welcomes class 1 and whānau.



## NEWSLETTER

### TERM 1 DATES

#### School

Tuesday 27<sup>th</sup> February 6pm Parent experience meeting  
Wednesday 12<sup>th</sup> April St. Michael's play

#### Kindergarten

Thursday 11<sup>th</sup> April Kindy harvest festival

#### Governance

Tuesday, 13<sup>th</sup> February 5:30pm Board meeting  
Tuesday, 20<sup>th</sup> February 5:30pm Proprietors meeting

#### Other

Friday, 9<sup>th</sup> February 3-5pm Working Bee Everywhere!  
Saturday, 24<sup>th</sup> February 10am-4pm Thieves Alley Market  
Saturday, 9<sup>th</sup> March 8-12pm Farmers Market Fair stall  
Sunday, 17<sup>th</sup> March 11-2pm Fair – Fair - Fair Everywhere  
Fri – Sat, 22<sup>nd</sup>-23<sup>rd</sup> March Community Camping Opportunity - Naseby

#### Playgroup

Mondays and Wednesdays 9:30 to 11:30 am

Kia ora e te whānau,

What a start to the year it has been, from hot days to howling wind and rain, nothing has been able to impact the excitement of the children as they came back to breathe life into the classrooms and all around the school grounds. The teachers are well rested and the feeling around the school is filled with learning, moving and experiencing the company of each other.

We welcomed the class 1 children and their whānau into the school last week and while they were quite literally blown into the classroom with a strong wind in the morning, they are settling well and are calmly and confidently finding their place around school and within the dynamic of the other classes.

We also welcome two new and returning students:

Penny and her whānau Katie and Dean, who has joined class Kākāpō and Tuwa and his whānau Jooske and Jelte, who has joined class Kea. We hope you settle well and will enjoy your time at the school and as part of our community.

While this term has started in a very settled manner, there is a lot of excitement and activity ahead, including a few changes, that have come out of the feedback from the community from last year:

- **Working Bee: This Friday (9<sup>th</sup> of February), 3pm:** We will start with an afternoon tea, so please bring a plate to share, then get into some work to promptly finish at 5pm. Please keep an eye out for the extra email with jobs and equipment that might be good to bring for the jobs at hand.
- **Thieves Alley Market (Saturday, 24<sup>th</sup> of February, 10am-4pm):** We have booked a stall at the Thieves Alley Market this year, as this is a great opportunity to be seen in the wider community and spread the word about who we are and what we do. We are looking for a few more people who would be happy to spend some time at the stall with us as this makes the day go faster and the work a little lighter. Please get in touch if you could help out on the day.
- **Otago Farmers Market (9<sup>th</sup> of March, 8-12):** We will have a stall at the Farmers Market to advertise our fair and generally the school. If you are able to join us for some of that time, please let us know – it is usually a lovely time among the good people at the Farmers Market!
- **Community Camping Opportunity (22<sup>nd</sup>-23<sup>rd</sup> of March):** if you managed to miss Jenny's email about this lovely idea, please read below and book quick, so you don't miss out:

*"Kia ora families,*

*We are organising a weekend for DRSS families to meet at Naseby campground to enjoy each other's company and get to know one another better. The weekend of*

*the 22nd and 23rd March is now confirmed with the camping ground as our school Naseby trip. This is also Otago anniversary weekend so feel free to stay another night, if you wish, or just one night. Whatever suits you. It is up to each family to organise their own accommodation for the weekend. There are cabins available or book in your caravan or tent. All you have to do is book your spot, with the campground, stating that you are with the Dunedin Rudolf Steiner School, and they will put us all together. This is a relaxed, parent organised, weekend so there are no plans or expectations, other than being there together. People are welcome to do whatever they wish to enjoy a weekend in beautiful Naseby.*

*There are lots of walking and cycle tracks, so bring your bikes and there is the dam for swimming so bring togs.*

*This invite extends from playgroup to school, staff and the wider Steiner community and, if it's well received, we think would make a lovely annual occasion for us.*

*Book here: <https://nasebyhp.nz/>*

*We hope to see you there.*

*Many Thanks, Jenny Pentelow (Flo and Angus' mum)"*

*Anna Noble Tumuaki/Principal*

## **Housekeeping:**

### **Our calendar and its dates**

Our school calendar is still available for sale. A beautiful calendar with artwork by children. Come to the office if you would like to buy one. The school dates are already in the calendar for your convenience, but:

There is a teacher only day when the primary school is closed in term 4 - on 25<sup>th</sup> October. This is not on the calendar. Please also note that the July holidays run from 8<sup>th</sup> July and we are back to school on the 22<sup>nd</sup> - there is an error on the printed calendar too - sorry about that. All these dates are on our website.

### **Games and toys for after school care**

Our after school care programme seeks a few puzzles and games for the children aged 5 and up. If any families have sometime to contribute that are in good condition and suit the ethos of the school, that would be welcome. Please bring to the office if you have them.

### **Come prepared**

Please make sure your child has all the gear they need for a rainy day and a sunny day, so they do not have to miss out on outside play time.

## Weleda fundraising order

Christine Schlegel will be placing an order with Weleda. We do an order with Weleda once a term. This is a bulk order, which is also a little fundraiser for the school. Weleda has a great selection of natural beauty products as well as first aid and medicinal remedies. There is a little selection available in the craft shop. The whole selection is available for this order. If you have any questions about the order, payment or products, please contact Christine via email ([gibbonics@gmail.com](mailto:gibbonics@gmail.com)). A list of the products is in the office, too. Best of all, all items only cost 78% of the recommended retail prices (RRP) for you, so it's way cheaper than in regular shops.

Orders can be sent to Christine's email address until Saturday, the 17th of February. Thank you.

## Special Character thoughts:

Over the summer holidays I found the time to do a little more reading and one of the books that I came across, is called "The Tasks and Content of the Steiner-Waldorf-Curriculum". Over the next few weeks I would like to share some of the thoughts in the introduction of the book, which talks about the curriculum being like a recipe. As we go, we will look at the individual ingredients and where we find them in our context, as well as the chefs who prepare them. To set the scene (and not overwhelm anyone with too much reading in one go), today the introduction:

"A curriculum could be compared to the list of ingredients for a recipe. However good the recipe, the quality of the ingredients is crucial but to make a start the components also need to be available. When they are to hand, the next question is whether the cook is skilled enough to combine and adjust flavours so that each item plays its part without overwhelming the others. An experienced cook may be able to substitute one ingredient for another, even to improvise in such a way that something new is created. But we should not forget that emotion, even love, goes into the preparation of food and this will influence how it is received. And, of course, the expectations, health and culinary experience of the diners also makes a difference.

A curriculum guides an entire learning process. It should not be like a dish into which a chef has thrown every possible taste, explored in an overwhelming, sensation-bursting blowout; it should bring to the table ingredients that are well balanced, digestible and nutritious, that promote health and stimulate, not stupefy, the senses. Over time, as with diet, a curriculum can introduce items that may not be immediately appealing, stronger tastes or more subtle and complex ones; intellectual chillies, subjects initially sour or astringent, as well as flavours, textures

and scents that help to educate the palate. A primary school curriculum, in particular, sets out ingredients for the hors d'oeuvres of life long learning."

(The Tasks and Content of the Steiner-Waldorf Curriculum: Edited by Kevin Avison and Martyn Rawson)

Read on next week for the first ingredients, their sources and the chefs who prepare them!

## Te reo Māori focus

As part of our commitment to te Tiriti and our professional development, the primary staff have embarked on a weekly lessons in te reo Māori, starting with very simple language that can be used in the classroom and building confidence and proficiency over time. We would like to share our learning with the community so you can learn with your children and/or revisit some of the language you are familiar with, bringing it into your home. So here is our very first section on greetings (thank you Clare!!!):

### 5 Pēpuere 2024

#### Opening Karaki

|                       |                     |
|-----------------------|---------------------|
| Aio ki te Rangi       | Peace to the skies  |
| Aio ki te whenua      | Peace to the land   |
| Aio ki te ira tangata | Peace to humankind  |
| Tihei, mauri ora      | The breath of life! |

#### Greetings

|             |   |
|-------------|---|
| Tēnā koe    | Hello (to one person) Literally "there you are" |
| Tēnā kōrua  | Hello (to two people)                           |
| Tēnā koutou | Hello (to three or more people)                 |

|                |   |
|----------------|---|
| Kia ora        | Hello (a bit more casual) Literally – "be well" |
| Kia ora kōrua  | Hello to you two                                |
| Kia ora koutou | Hello (to all – more casual)                    |
| Kia ora Bill   | Hello Bill                                      |

|           |  |
|-----------|--|
| Ata marie | Morning – effectively "peaceful morning" |
| Mōrena    | Morning                                  |

|           |  |
|-----------|--|
| Haere rā  | Said to a person leaving                         |
| E noho rā | Said by the person leaving to the people staying |



|               |  |
|---------------|--|
| Ka kite       | See you (short for Ka kite au ia koe – I will see you) |
| Ka kite āpōpō | See you tomorrow                                       |
| Pō marie      | Good evening   |

### Phrase of the week!

|                          |   |
|--------------------------|---|
| Whakamaua ō pōtae        | Put on your hats                              |
| Whakamaua ō koutou pōtae | Put on your hats (grammatically more correct) |

## SCHOOL – Class Kiokoi (Class 1)

On the first day of the term, the whole school welcomed the children of class 1 and their whānau into the school.

We are sharing here some pictures and then a note from their teacher Feargal.







Kia ora,

For those I haven't met yet, my name is Feargal O Donoghue, and I am the new Class 1 teacher. I have chosen the word Kiokio for the class name, which is a wild fern found in New Zealand. The symbolic imagery of a fern curling open to the world on a frosty morning really speaks to what I believe the journey of education is.



I have recently moved from the south west of Ireland from an area called Kerry to Dunedin with my partner Aoife. We are very settled and enjoying everything that Dunedin has to offer. In my spare time you can find me bouldering in Resistance, surfing at Blackhead beach or hiking. I have always envisioned a life where you are close to the ocean, forest and mountains and this is one of the main reasons we chose to move to Dunedin.

I look forward to meeting more of the school community as the year progresses. It has been a lovely welcome from everybody so far and that's something I'm grateful for.

Below is a small blessing from a favourite Irish philosopher of mine, John O'Donoghue, for the school year ahead.

Ngā mihi,

*Feargal*

*Though your destination is not yet clear  
You can trust the promise of this opening  
Unfurl yourself into the grace of beginning  
That is at one with your life's desire.*

*Awaken your spirit to adventure  
Hold nothing back, learn to find ease in risk.  
Soon you will find home in a new rhythm,  
For your soul senses the world that awaits you.*





Class Kiokio and Class Kērerū doing some shared reading

## KINDERGARTEN

Kia ora e te whānau,

Welcome back to the term!



Thanks to everyone for sending changes of clothes and wet weather gear during this changeable weather. Just a reminder that sunhats are compulsory during terms 1 and 4. It is extremely helpful to have all items named.

The working bee is this Friday afternoon from 3 pm. We will need people to help with barrowing sand and wood chips so if you can bring wheelbarrows and shovels, that would be very helpful.

The teachers are always available if you have questions or want to discuss anything about your child - ask them to make a time to catch up, or it could also be a chat on the phone during their weekly non-contact time.

## PLAYGROUP

Playgroup is back on Mondays and Wednesdays from 9:30 to 11:30.

See you all then!

*Alida and Jenny*

## CRAFTGROUP

Calling all crafters – We are preparing more items to be sold at our fair. The more, the better. We have prepared some kits with the instructions and material necessary. They are felted animals and are easy to do. You can help by taking a kit home and bringing back the item when ready. Email Jenny at [jenwigleypiano@gmail.com](mailto:jenwigleypiano@gmail.com) if you would like to help in this way or catch her at school or kindy drop off.

Thanks,

*Jen and Miho*

## COMMUNITY NOTICES

*Community notices in our newsletter will normally appear for one week only and may be edited to accommodate space. If you wish to place a notice please email your notice to [office@dunedinsteiner.nz](mailto:office@dunedinsteiner.nz). We charge \$10 for an advert and need ads in by the Monday prior to the Wednesday publication date. You can pay by direct internet banking to 03-0903-0437318-00*  
**Disclaimer: This space is open to advertisers and the school does not make any guarantees or endorsement on their behalf.**

.....  
**Port Chalmers Swimming Club:** Dash & Splash Fundraiser on Sunday 18 February. Open to all swimmers, aged 5-14 years. It's a great little friendly event and lots of fun! Just \$10 per child and they can enter as an individual or as part of a team. <ore information and registration form [here](#) .

.....  
**Gilrs Football training:** Fantails Dunedin Logan Park Turf, When: Every Friday 16th February - 5th April (8 weeks), Where: Logan Park Turf Dunedin, Ages: 4-12 years, Time: 4 - 5pm, Cost: \$40 (without T-shirt) or \$65 (with T-shirt) [Dunedin Fantails 2024 Registrations](#) We will be looking to have a different day for the session that was to be held on Good Friday. We will have further communication about this closer to the time. If you have any questions contact Kirsten Pram 02102910090 [kirsten@southernfootball.co.nz](mailto:kirsten@southernfootball.co.nz)



**Tennis after school Monday classes** starting on 12th February 2024. Dates: February 12, 19, 26, March 4, 11, 18 (6 Weeks). The gate will be open from 3:40pm for players to sign in. We will provide tennis balls on the day. We also have tennis racquets available to borrow if any players require one. Cancellations: If the day's play is cancelled, Tennis Otago will notify schools and parents by no later than 2:30pm on the Monday in question. Cost: \$40 per person. For more information please contact Tennis Otago email: [admin@tennisotago.org](mailto:admin@tennisotago.org), Tel. 022 700 0058.

**AFFORDABLE MUSIC CLASSES**  
HELD AT OUR SATURDAY MORNING OR AFTER-SCHOOL MUSIC CENTRES  
LARGELY FUNDED BY THE MINISTRY OF EDUCATION

**ENROL NOW**



**ENROL NOW**

Visit our Website: <https://www.smmcotago.nz>

**SATURDAY MORNING MUSIC CLASSES**

A locally operated non-profit organisation, established in 1968, providing very affordable music education in Dunedin and Central Otago for primary and intermediate school children. Our Open Division caters for secondary school students and adults, including beginners and advanced learners.

**Community Oral Health  
He Oraka Niho**

**Schools Update 2024**

Kia ora koutou!  
Wishing everyone a smooth start to Term One and the school year!  
The **Community Oral Health Service** provides **free** dental care until **age 18** and our team is here to support your school community - below are some key updates for **the year ahead**.

**Back to School**

**Local Clinic Locations**

**Community Hubs:**  
South Dunedin - 225 Macandrew Rd;  
Ph: 455 9279  
Mosgiel - 19 Green St; Ph: 489 3480

**Mobile Clinics:**  
Abbotsford - 72 North Taieri Rd; Ph: 027 284 9754  
\*From 26 March - 31 May AND 17 Jun - 16 Aug  
Wakari - 369 Taieri Rd; Ph: 027 284 9914  
\*From 1 January - 31 December  
Middlemarch - 33 Swansea St;  
Ph: 027 284 9751 \*From 8 April - 19 April  
Port Chalmers - 30A Albertson Ave;  
Ph: 027 284 9954 \*From 19 Aug - 13 Dec  
\*For appointments outside these dates, please contact the Community Oral health Service on the number below. Dates subject to change.

**Find Us / Contact Us**

**f** Follow our Facebook Page:  
Talkteeth - Southern  
Visit our website:  
[www.southernhealth.nz/getting-help-you-need/dental-and-oral-health](http://www.southernhealth.nz/getting-help-you-need/dental-and-oral-health)  
Ph: 0800 672 543  
E: [community.oralhealth@southerndhb.govt.nz](mailto:community.oralhealth@southerndhb.govt.nz)

**Multiple Intakes per Year**

**FUNDAMENTALS  
OF  
MEDITATION**

**12 SESSIONS**

We live in a time that requires wisdom, peace, clarity of thought and calmness to face the chaos

**ALL WELCOME**  
Newcomers welcome during the first 3 weeks  
**FEE: By KOHA**  
CIGA is a Not-for-Profit Organisation

To Register your interest in our next course commencing:  
**12 February 2024**  
Contact: Colleen Robb  
**021-0228-7258**  
[ciga.nz.dunedin@gmail.com](mailto:ciga.nz.dunedin@gmail.com)



**Are you wondering what you will do when your children reach high school age?** Do you wish there was another option in Dunedin? Something more in line with your experiences here at Dunedin Rudolf Steiner School, Kindergarten and Playgroup? Something that will meet the needs of and inspire teenagers and young adults to be their best selves? Well, so do we! We are a few parents that have young children (some not even in kindy yet) and in the new year we want to invite you to a social get together to talk about High School. To swap stories about our own experiences, our hopes and visions for the future.

Perhaps there we can plant the seed for a High School Development Group. Together we hope we can find a feasible path to an inspiring secondary school option for Dunedin in the next few years. So start the conversation with your partner or friends and keep a lookout for our invitation in the next newsletter. And if this sparks your interest, let us know. Alida Harris, Jenny Pentelow and Jenny Wigley